



**FORTUNATELY,
UNFORTUNATELY**



FORTUNATELY, UNFORTUNATELY

TIME

5 - 10 minutes

SEL COMPETENCY

Social Awareness

PURPOSE

To consider that our perspective is what determines how we see a situation

ACTIVITY:

- Have everyone sit in a circle.
- Explain: **We are going to play a game where the first person will start with the phrase “Fortunately...” and will describe a fictitious situation. The next person has to take what they say and start their phrase with “Unfortunately...” For example: “Fortunately, it’s not raining, so we can go outside for recess. Unfortunately, it’s 150 degrees outside, so we will be hotter than hot. Fortunately, the weather will cool off tomorrow. Unfortunately, it will be a blizzard. Fortunately, that means we will have a snow day, etc.”**
- Before the activity begins, remind everyone to be respectful to each other and to use their active listen skills.

NOTE: Try a few go-arounds. It might take a couple of times to get the hang of it, and that's okay.

Reflection: How does our perspective shape the way we see and react to the world around us?
Can the same situation be seen in different ways by different people? If so, give an example.